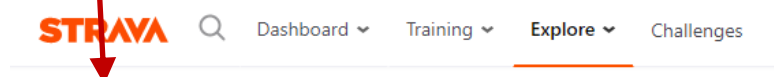
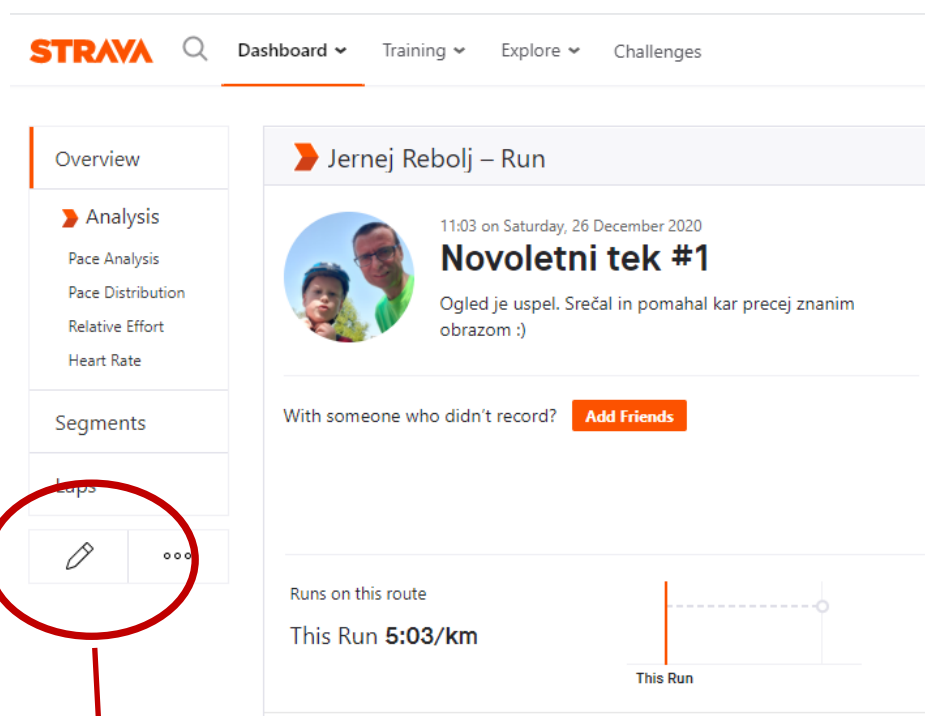


# NAVODILA ZA NASTAVITVE V STRAVI

Aktivnost mora biti na ogled vsem → nastavitve:



## Edit Activity

Title

Novoletni tek #1

Description

Ogled je uspel. Srečal in pomahal kar precej znanim obrazom :)

Perceived Exertion ⓘ

How did that activity feel?



Easy

Moderate

Max Effort

☐ Use instead of heart rate ⓘ

What is Perceived Exertion?

Perceived Exertion is how hard your workout felt overall. Add it to your activities to track how your body is responding to your training. Perceived Exertion can also be used in place of heart rate data with subscription features, so you can better understand how your fitness is trending over time.

☒ Everyone

Everyone

Anyone on Strava can view this activity. This activity will be visible on segment and challenge leaderboards, and other Strava features.

☐ Followers

Followers

Only your followers will be able to access this activity's details. This activity will not appear on segment or challenge leaderboards, but may still count toward some challenge goals. Members who do not follow you may be able to view a summary of this activity depending on your other privacy settings.

☐ Only You

Only You

This activity is private. Only you can view it. If it counts toward a challenge, your followers may see updates on your progress. No one will see your activity page, and this activity won't show up on leaderboards or elsewhere on Strava, including group activities or Flybys.

Privacy Controls

WHO CAN SEE

☒ Everyone

Everyone

Anyone on Strava can view this activity. This activity will be visible on segment and challenge leaderboards, and other Strava features.